***King County Community Collaborative- KC3***

***Voices of Change and Empowerment******August 22nd, 2023***

**Virtual meeting**

***VISION***

*Together families, youth, communities, and systems will support opportunities to improve the resilience and recovery for all individuals who experience behavioral health challenges. Using an equity lens, we strive to acknowledge and address the disparities within all marginalized communities.*

***MISSION***

*Our mission is to create an inclusive space for our community to be heard. In sharing stories of lived experiences, we bring forward the needs, strengths, and opportunities of the current behavioral health system. By taking the challenges and addressing them collectively, we create system change and resolution*.

***Agenda***

***Welcome & Introductions: Melody***

*Invite you to share your name and your role in the chat*

*If this is your first time and would like to share who you are please feel free too.*

***Community Input and Concerns:***

*(Reviewed the comfort agreement as a group due to many new faces being present)*

***Presentation: Care & Closure Initiative – Emily & Jawara***

***Shared the evolution from Zero Youth Detention that led us into the Care & Closure project. It aims to better meet the needs of the young people in our community and deter juvenile detention placement.***

***Goal to “Identify the community-based alternatives to youth detention that addresses the needs and risks of young people...”***

***Advisory Committee made up of impacted community members with lived experience to guide the process.***

***Additional subcommittees were created to develop recommendations and report on progress to the Advisory Committee, aiming to identify alternatives to secure youth detention, strengthening community infrastructure, and engaging impacted communities.***

***Jawara and Emily meeting weekly with youth in detention to assure the voice and perspectives of those most impacted are involved in the process for the Care & Closure project.***

***Findings from impacted communities include resources focused on supporting youth healing, accountability, and community safety. Feelings that youth detention is not an effective solution.***

***In the process of developing the recommendations discussed, slides from the presentation shared with KC3.***

***The primary focus is on care first! Space for comments and questions followed the presentation.***

***Discussed ways to address the gaps that those in the KC3 community have noticed.***

***Connect with Jawara and Emily to learn more:***

***Jawara:*** [***jmcduffie@kingcounty.gov***](mailto:jmcduffie@kingcounty.gov)

***Emily:*** [***emijohnson@kingcounty.gov***](mailto:emijohnson@kingcounty.gov)

***Sharing Announcements, Updates:*** *All are welcome to share*

*Moving KC3 Hybrid? – Community Discussion and Survey results*

***Reviewed the summarized results from the responses submitted. Survey responses showed a preference for continuing KC3 meetings virtually or moving towards a hybrid model. Ideas shared in the meeting are to potentially have one hybrid meeting a quarter, rotating locations to enhance equitable access. The KC3 community will continue to explore this option. Moving meetings to in-person only showed low comfortability from the community as we explored the pros and cons to different meeting models (in-person, virtual, hybrid). The community is encouraged to reach out to the KC3 Tri-Leads with their thoughts or to fill out the following survey to share their thoughts on KC3 meeting model: https://forms.office.com/Pages/ResponsePage.aspx?id=YbBNG8zAfEu5cDffJSn41h1CSkcPf71El\_MovLOwOYJUQlUzWVhHQUhPTVhSWVA4OTE0NU5KV09ZWi4u***

*Community BBQ & Potluck – Planning for next year!*

*Chuck E. Cheese fundraisers*

***Update:***

*GPS – MVP, VIP, and KC3 Incentives* ***(shared ways we hope to compensate volunteers and our community for their input on data collection surveys)***

*WSCC – STATEWIDE FAMILY NETWORK PARENT/CAREGIVER WEEKEND TRAINING 2023*

***Workgroups:***

***Needs Assessment / Workplan***

*Youth Engagement*

***KC3 engagement Activity Time*** *– The Price is Right (Half of the game was played after presentation and the other half will be played next month)*

*Thank you for attending. Be safe, stay well. Next meeting September 26th, 2023*



***King County Community Collaborative- KC3***

***Voices of Change and Empowerment  
Comfort Agreement***

Stay on task

No side conversations

Cell phones on silent

Safe learning environment

Be willing to give and receive feedback

Leave your agency hat at the door. Bring your experience expertise and commitment.

Remember we all bring the best intentions to our work

Value everyone’s opinion

Ask questions and check out your assumptions and thinking

Listen carefully

Let your voice be heard

Provide space to hear about immediate concerns

Seek common ground and action

Identify areas of continued debate and defer to another day

If dissenting, offer an alternative

Be clear about discussion versus decision-making

Start meetings on time

Observe time frames



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Regional FYSPRT

Safety Plan

If anyone during the meeting begins to feel uneasy or frustrated:

* First take a break, Leave the room if needed, and use the coping skills that are familiar to you
* Second reach out to support people in the room
* Third, Tri-leads will offer support to anyone who signals distress-emotionally or otherwise.
* Lastly, reach out to those in the room who have background n de-escalation (all Tri-leads, Convener, Mental Health Provider

KC3 Tri-leads will identify exits for members and attends will know how to safely exit the room if needed

KC3 members and attendees agree to be present, aware and know who in the room (i.e. Tri-leads, Metal Health Providers individuals trained in de-escalation).

KC3 Tri-leads and welcome committee will offer breaks to the group and individuals if conversations get heated or someone is signaling discomfort or distressed,

If Aggressive behavior is present and you have no experience with de-escalation techniques, please find an exit and leave the room.

* IF you do have de-escalation experience you may provide support if you feel comfortable with this. If you feel unsafe or prefer to not engage with an aggressive individual, please find safe space and/or exit the room.

***Sharing Resources and information for Families***

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<https://publicinput.com/careandclosure>

(More info on the Care & Closure Project)

<https://forms.gle/FRdVERZEpU2mYtLFA>

(Care & Closure Subcommittee Interest Form)