2023/2024 Work Plan Updated on 10/15/23

June 2023 At tri Lead Retreat, the team re-prioritized the workplan to focus on getting more Y & F at the table

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| **Goals** | **ACTION STEPS** | **UPDATES QTR 1** |
| Priority 1  –Old Priority 4: Enhance KC3 Membership | | WHAT WAS DONE TO WORK TOWARDS THIS GOAL? |
| **Increase family participation in KC3**  **Only small percentage aware of FYSPRT** | * Establish an engagement and outreach workgroup * Share request with WISe agencies to inform families about FYSPRT opportunities. * Identify barriers to family participation. * Create a flyer to share with system partners to give to clients * Encourage FYSPRT members to bring someone they know | Updated Flyer  for KC3 with GPS Meeting registration link for and completed.   * Maximize marketing effort at GPS(Convener)   + LeChez to met with Facility & Marketing staff to implement formal plan to include FYSPRT mailing list, LOGO on all activities that align with KC@ mission. * Presentations and Outreach to SOC include info re FYSPRT/KC3 co-branded Contact info updated to include Convener staff * Next: 2024 meetings to integrate workgroups |
| **Increase youth participation in KC3** | * Establish a youth engagement workgroup to discuss specific strategies to reach youth * Work with system partners to share information * Create roles/opportunities for youth to do things at the FYSPRT to foster meaningful participation * Create a social media blast to reach youth * Invite youth to present and bring friends to see their presentations | * Taanvi Youth Tri-lead created and presented an overview of FYSPRT and presented it at meeting.; presented a flowchart outlining the various partners and organizations involved in a project, prompting constructive feedback and suggestions for improvements. The team agreed on adding specific organizations, emphasizing equal partnership, and highlighting community voice. Taanvi's has also accepted position on statewide Youth Advicory Committee. * Youth engagement and recruitment workgroup planned for 2024 Team outlined a process that involves the tril leads, the full group, and community voice in making decisions about the budget and stipends. * Reaching out to Karen Kelly for FYSPRT trainings to better understand and support their work. |
| **GOALS** | | **UPDATES QTR 1** |
| **Priority 2**  **(Old Priority 5): Focus on Needs Assessment and Evaluations that help inform KC3** | | WHAT WAS DONE TO WORK TOWARDS THIS GOAL? |
| Ensure KC3 is better informed and makes decisions based on relevant data. | * Establish an evaluation workgroup * Gather quantitative and qualitative data including family voice * Review existing needs assessments, evaluation reports and data | * KC3 Workplan has been added as an agenda item to monthly meetings and will be focused breakout rooms Goals within monthly meetings to make connections with the results from our most recent needs assessment.   **Enhance KC3 Membership (break out group activity):**  **Increase family participation in KC3 (Group 1)**  **Increase youth participation in KC3 (Group 2)**  **Only small percentage aware of FYSPRT (Group 3)**  **Brainstorm ways to meet these goals with actionable steps**   * FYSPRT coordinator participated with the SYNERGY Data workgroup at GPS which aims to gather and incorporate useful insights such as to run survey for 2 months in 2024 to capture larger pool. |

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| **S** | **ACTION STEPS** | **UPDATES QTR 1** |
| Priority 3  (Priority ): Promote behavioral health supports and services in king county for youth and families with higher level of needs | | WHAT WAS DONE TO WORK TOWARDS THIS GOAL? |

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| **Reduce silos and increase communication across systems** | * Collaborate with schools and community groups to engage youth in leadership opportunities. * Invite youth and family serving programs and organizations to participate in KC3 * Share training opportunities for youth, peers, and systems | * The team is planning (date TBD) hosting a public event, possibly a carnival, to attract new families. * 2024 speaker calender is started and invites have been sent. . * SOC outreach by any GPS staff include FYSPRT specific informaiton |
| **GOALS** | **ACTION STEPS** | **UPDATES QTR 1** |
| **Priority 3: Advocate for culturally responsive and trauma-informed, individualized behavioral health services that are in line with equity and social justice principles for youth and families** | | WHAT WAS DONE TO WORK TOWARDS THIS GOAL? |
| **Youth and Families are informed on what effective trauma informed care looks like.** | * Provide resources and information on trauma informed and culturally responsive care * Share DEI opportunities, trainings, and information * Invite key speakers to share info at meetings | * KC3 Coordinator or Convener (GPS ED) attend KC WISe Collaborative to increase system collaborations to meet the needs of at- risk youth in King County. We will continue to problem solve around this community need as the need presents itself. * Incorporated Land acknowledgement into meeting agenda after effort previous quarter learning about the history and meaning behind land acknowledgements, why they are important to Indigenous culture, |
| **Identify barriers of TIC practice** | * Spend time educating the FYSPRT on stigma and other issues that impact service delivery * Encourage families and systems to share concerns as they arise to educate the FYSPRT on the need for quality behavioral health services * Offer suggestions to families regarding equitable practices and resources to access TIC materials | * Comfort Agreement, which outlined guidelines for a safe and respectful learning environment. was moved to the beginning of in agenda. * Dedicated time to announce and inform about King Couty changes that may impact families, including how to participate * Plans to include community advocacy training in February 2024 meeting.   Schedule created to ensure Coverage for all meeting: Y& F voice at SOC meetings   * Convenor Coordinator Meeting (monthly on the 4th Wednesday) * KC3 monthly meeting (monthly on the 4th Tuesday) * Tri-Lead meeting (monthly on the 2nd Thursday) * CRT (three a month on the 2nd Monday/South, 2nd Tuesday/Northeast, and 4th Wednesday/West) * KC WISe Collaborative (every other month on 3rd Friday 11:30am-1pm) * Statewide FYSPRT (every other month on the 4th Thursday) WSCC (every other month on the 4th Monday 12pm-2pm) * Workgroups and Committees (Youth Engagement, Membership, Workplan Strategic Plan) |
| **GOALS** | **ACTION STEPS** | **UPDATES QTR 1** |
| **Priority 5**  **(previous Priority 2) Advocate for effective behavioral health strategies that break the school to prison pipeline** | | WHAT WAS DONE TO WORK TOWARDS THIS GOAL? |
| **Increase youth participation in developing strategies that impact youth wellness and protective factors** | * Leveraging youth voice to impact community programming and service delivery * Highlight the contributions of youth and young adults in our community who promote recovery and resiliency * Offer opportunities for youth peers to share experiences and access training through SPARK, etc.   **New action step** Establishing relationships with organizations who work directly with students who are at risk for the school to prison pipeline or are currently involved with juvenile justice: Goals are: involvement with FYSPRT will benefit orgs knowledge, increase awareness to families, stakeholder voices and create system partner opportunities. |  |
| **Bring awareness to the behavioral health risk factors for youth to break pattern that led to the school to prison pipeline** | * Identify opportunities for collaboration and support the work of the ZYD efforts and BSK 14 community agencies * Share various survey results as they relate to youth in our community * Discuss issues that impact youth including risk factors, behavioral health services, and access to care * Share disparities within minority communities and discuss best practices to engage culturally specific populations or access issues | * KC3 attendees were invited to join the workgroups related to this care and closure initiative. * Coordinator has been invited to participate in King County BH Co-design policy impact group in 2024. And will be able to bring that experince back to KC3. * Outreach to BIPOC organization over the summer resulted in 1 young fathers attending FYSPRT and 4 other young families seeking more information about KC3 individuals. One of those idividual is scheduled to do a presentation in March 2024 to FYSPRT re: overcoming system challenges. |
| Gather input from KC3 on important topics | * Share evaluations with FYSPRT * Elicit feedback on results and outcomes | * Meeting evaluation surveys are created and shared at the end of KC3 monthly meetings for members in attendance to encourage their voice on regional FYSPRT practices and implementation, enhancing our ability to provide support to this community. * Reviewing survey results as it pertains to meeting model for 2024 KC3 monthly meetings, eliciting further feedback which may not have been captured by the surveys. |